

# **UNISPORT AUSTRALIA (UNISPORT) GUIDELINE**

# **Cycling**

#### Men and women

UniSport Australia (UniSport) cycling competitions are conducted in accordance with the rules of <u>Cycling Australia (CA)</u> except where these differ from UniSport completion guidelines; in which case the latter shall take precedence. Reference should also be made to the UniSport breach of competition requirements guideline for penalties related to breaches.

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# 1. Team/squad size

- Minimum registered cyclists 1
- Maximum registered cyclists no limit
- 1.1. All riders will be required to hold a Cycling Australia membership / personal race licence.
- 1.2. Teams competing in the pair time trials will consist of two riders per team.
- 1.3. A university may enter a maximum of three teams within the pair time trials.

# 2. Competition format

- 2.1. The following race categories will be contested for both men and women divisions:
  - Individual time trial
  - Pair time trial
  - Criterium
  - Road race

Course lengths will be set with consideration given to the difficulty of the course and the below guidelines:

| Event                         | Course length       |  |
|-------------------------------|---------------------|--|
| Individual Time Trial (men)   | 30 – 40 km          |  |
| Individual Time Trial (women) | 30 – 40 km          |  |
| Pair Time Trial (men)         | 30 – 40 km          |  |
| Pair Time Trial women)        | 30 – 40 km          |  |
| Road Race (men)               | 80 - 90 km          |  |
| Road Race (women)             | 60 - 70 km          |  |
| Criterium (men)               | 1 hour + 3 laps     |  |
| Criterium (women)             | 30 minutes + 3 laps |  |

#### 2.2 Criterium events:

- If field entries are greater than 50, two heats will be conducted in a 25 minutes + 3 laps competition format.
- A minimum break of one hour between the completion of the last heat and the commencement of the final is required.





- Lapped riders must pull out of race, unless a breakaway bunch laps the main bunch.
- Punctures, mechanical failures or falls: riders affected by one of these incidents are to report to the race director at the start / finish line and may be allowed to re-join at the discretion of the race director.
- 2.2. Participants must obey all road rules and heed directions and instructions from all race officials and police.

#### 3. Points score

3.1. Points will be awarded on the following basis:

| Individual events |   | Pairs events           |    |
|-------------------|---|------------------------|----|
| 1 <sup>st</sup>   | 9 | 1 <sup>st</sup>        | 18 |
| 2 <sup>nd</sup>   | 7 | 2 <sup>nd</sup>        | 14 |
| 3 <sup>rd</sup>   | 6 | 3 <sup>rd</sup>        | 12 |
| 4 <sup>th</sup>   | 5 | 4 <sup>th</sup>        | 10 |
| 5 <sup>th</sup>   | 4 | 5 <sup>th</sup>        | 8  |
| 6 <sup>th</sup>   | 3 | 6 <sup>th</sup>        | 6  |
| 7 <sup>th</sup>   | 2 | <b>7</b> <sup>th</sup> | 4  |
| 8 <sup>th</sup>   | 1 | 8 <sup>th</sup>        | 2  |

- 3.2. Points scored shall be added up to determine an overall individual male champion and the overall individual female champion.
- 3.3. In the event that two or more riders have equal numbers of points, the following criteria shall be used in the following order to determine the winner:
  - The number of first places in separate events.
  - The order of finishing in the time trial.
  - The order of finishing in the road race.
- 3.4. The overall men's and women's champion university will be decided by combining the total number of points scored by each university in the individual and pairs competitions:
  - Where a university has more than one rider scoring points in the individual competition, only the top three riders will have their points count for that university overall score.
  - Where a university has more than one pairs team in the pairs competition, only the top pair will have their points count for that university overall score.
  - In the event that two or more teams have an equal numbers of points, the following criteria shall be used to determine the winning team:
    - The number of first places in separate events
    - Next highest place getter in separate events
    - Should the teams still be equal using the above criteria they shall be declared joint champions.
    - The overall champion university will be decided by combining the men's and women's point score.



# 4. Uniform requirements

- 4.1. The specific uniform requirements for cycling are as per the national sporting organisation standard with the following UniSport uniform requirements:
  - Australian standard helmet (sticker on inside of helmet) must be worn at all times during the competition including warm up.
  - Neat, clean, appropriate clothing and shoes e.g. tight fitting lycra and cycling shoes.
  - Racing jerseys must cover the shoulders.
  - Riders will be issued race numbers to be placed over the rear shirt pocket, visible to officials.

#### **Previous rule amendments**

August 2001 | May 2004 | April 2005 | March 2010 | March 2011 | May 2012 | June 2013 | May 2014 | February 2015 | April 2017 | October 2017 | February 2018 | March 2018 | March 2019